



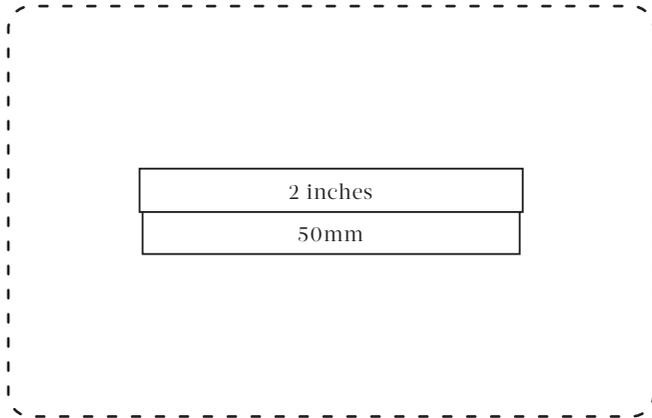
INDOLOGY

## Step 1

### CALIBRATE YOUR GUIDE

Before printing, ensure your print settings are set to 'none' - do not print to scale.

Once printed, calibrate the form by checking the two scales measure correctly, the credit card scale should fit a regular credit card and the rule should measure 50mm or 2 inches in length.



### DOs & DON'Ts

DO measure at the end of the day when your fingers are at their largest.

DO go up a size for rings with a heavy or thick band.

DO make sure your ring isn't too tight or too loose.

DON'T measure your ring size when your hands are cold.

DON'T measure your ring size the day after alcohol consumption.

## Step 2

### KNOW YOUR SIZE

Once printed, find a ring that comfortably fits the finger you want your new ring for and is similar in the shape and style to the one you want to purchase.

Place your ring over the circles until the inside of your ring lines up with the circle edge. If your ring falls between two sizes, order the larger size.

